Susan L. Kottra L.C.S.W., C.A.D.C., CODP II

​Susan Kottra, LCSW, CADC, CODPll received her MSW from Loyola University of Chicago. She was first introduced to Seeking Safety while working in a residential substance use setting early in her career and continued involvement in the treatment as a trainer and facilitator years later for behavioral health participants in a public health setting. Her career has been dedicated to agencies serving at-risk and vulnerable individuals in the Chicagoland area. This includes providing neighborhood outreach to Chicago youth at-risk of sexual exploitation, supervising clinicians in residential and outpatient addiction programming, and supervising clinical and case management programs while working in a Chicago based organization serving women who are homeless. She is currently working for a public health department where she is responsible for developing and implementing integrated programming as well as training other providers in facilitating integrated behavioral health practices.

**EXPERIENCE**

INTEGRATED CARE COORDINATOR

BEHAVIORAL HEALTH (March 2019-PRESENT)

***DuPage County Health Department*** *Wheaton-Westmont**Illinois*

Promoted to newly designed position.

* Facilitate and train behavioral health providers on Seeking Safety Treatment and other group programming consistent with clinical best practices and develop and present outcome reports.
* Supervise behavioral health staff in areas of trauma treatment and substance use.
* Oversee agency quality improvement team in developing and implementing LGBTQ+ inclusivity project.
* Responsible for individual and group supervision of behavioral health therapists and interns.
* Oversee agency quality improvement team in developing and implementing LGBTQ+ inclusivity project.
* Manage communications and all interfacing with primary care partner and health department personnel as part of integrated behavioral health and primary care clinic.
* Responsible for training public health staff on integrated behavioral health approaches to positively impact outcomes.

Served as Presenter at the following Conferences and capacities:

* Annual National Association of County and City Health Official Conference (NACCHO) in 2018 in New Orleans, Louisiana on Integrated Care.
* Annual NACCHO Virtual Conference, July 2020. Presenting on quality improvement strategies for improving LGBTQ+ Affirming Care.
* Midwest Forum on Hospitals, Health Systems, and Population Health on Integrated care.
* Developed and facilitated training on providing Trauma Informed Care to public health

nurses and dietitians at the DuPage County Health Department.

* Developed and facilitated clinical training on environmental impact on trauma treatment for behavioral health staff at the DuPage County Health Department.

MYCARE COORDINATOR/ INTEGRATED CARE SOCIAL WORKER

BEHAVIORAL HEALTH (March 2013-March 2019)

***DuPage County Health Department*** *Wheaton-Westmont**Illinois*

Functioned as key staff in implementing integrated care policy and programming at health department as part of SAMHSA grant.

* Developed and implemented integrated healthcare programming focusing on addressing health disparities of those dealing with chronic mental illness.
* Managed oversite of onsite primary care partnership functioning as liaison with primary care providers and assisted with overseeing clinic operations.
* Consultant for behavioral health clinicians and supervisors in assuring successful transition to our providing integrated wellness and behavioral health programming.

SENIOR CLINICIAN/CONSULTANT

BEHAVIORAL HEALTH (September 1999-March 2013)

***DuPage County Health Department*** *Wheaton, Illinois*

Hired as key staff in rolling out co-occurring substance use and mental health SAMHSA initiative.

* Acted as consultant on co-occurring substance use and behavioral health disorders care internally as well as with area outside providers.
* Functioned as clinical supervisor, as well as provided individual and group therapy to clients involved in behavioral health services.

PROGRAM ADMINISTRATOR OF CASE MANAGEMENT (July1997-September 1999)  
***Deborah's Place*** *Chicago, Illinois*

Promoted to program manager.

* Managed team of nurses and case managers providing services to women experiencing homelessness.
* Oversaw services provided in overnight shelter, transitional housing programming, and agency owned single room occupancy buildings.

Case Manager (July 1993-July 1997)

***Deborah's Place*** *Chicago, Illinois*

Senior Substance Abuse Counselor (September 1991-July 1993)

***Interventions- Crossroads*** *Chicago, Illinois*

**AWARDS/RECOGNITION**

* Received award at DuPage County Board Meeting (2018) for accomplishments in implementing integrated care policy and initiatives throughout the health department.
* Received agency recognition for leadership in rolling out trauma informed training for public health WIC staff.
* Received agency recognition for leadership in managing LGBTQ+ inclusivity quality improvement project.

**EDUCATION AND LICENSURE**

Licensed Clinical Social Worker

Certified Addition and Other Drug Counselor

CODP II Registered

Master’s in Social Work

***LOYOLA UNIVERSITY, CHICAGO***