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**The Link Between Trauma and Addiction**

**Objectives:**

1. To review science-based knowledge on rates and presentation of addiction and trauma
2. To increase empathic understanding of this important clinical population
3. To describe treatment and recovery strategies relevant to this population
4. To provide assessment and treatment resources

This workshop focuses on how trauma and addiction co-occur, with emphasis on clinically-relevant principles and treatment techniques. We address rates, clinical presentation, and reasons for using substances in the context of trauma. We also focus on how increased understanding of trauma/addiction has improved care for these vulnerable clients—including the development of integrated treatments, stage-based treatment, trauma-informed care, and assessment screening tools.

Learning methods include slides, videos, exercises, role-play, quizzes, and discussion. The training is *highly* interactive and clinically-oridented, with emphasis on diverse adult learning methods rather than solely lecture.

**Agenda**

Timing: 9a – 430p with one hour lunch 12p-1p (please adjust to fit your needs; also there will be two 15-minute breaks, one mid morning, one mid-afternoon); total teaching time is 6 hours

9a-10a

1. Background on addiction and trauma, including rates and clinical presentation
2. Key treatment concepts (e.g., trauma-informed care)
3. Screening

10a-10:45a (followed by 15-minute break)

1. Present- vs. past-focused treatment models
2. Recovery strategies overview
3. Resources for cross-training

11a-12p

1. Specific recovery strategies with exercises
2. How to adapt treatment in relation to gender, age, and culture

12p-1p Lunch break

1p-2:15p (followed by 15-minute break)

1. Video on trauma and addiction
2. Discussion of video and highlighting of key points

2:30p-3:15p

1. Role-play in small groups using treatment techniques covered during the training day.
2. Discussion of role-play and highlighting of key points

3:15p-4:30p

1. Challenging cases
2. Counselor self-care
3. Program-level issues (using small-group exercise)
4. Wrap-up

*For more information please contact Jamie Miller, Training Coordinator (coordinator@treatment-innovations.org; 617-299-1610 for texts and calls). Our website is www.treatment-innovations.org. Thank you.*