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| **Date Prepared:** | January, 2024 |
| **Name:** | Lisa M. Najavits |
| **Office:** | 28 Westbourne Rd., Newton Center, Massachusetts 02459 |
| **Work Phone:** | 617-299-1620 |
| **Work Email:** | director@treatment-innovations.org |
| **Place of Birth:** | U.S. |

Education:

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| --- | --- | --- |
| 1983 | B.A. | Barnard College of Columbia University, cum laude; American history major |
| 1990 | Ph.D. | Vanderbilt University (Clinical Psychology); advisors Steven D. Hollon, PhD and Hans H. Strupp, PhD |

Postdoctoral Training:

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| --- | --- |
| 1989-1990 | Psychology Intern, Cognitive-Behavior Therapy Unit, McLean Hospital; advisor Philip Levendusky, PhD |
| 1990-1991 | Clinical Fellow, McLean Hospital; advisors John Gunderson, MD and Philip Levendusky, PhD |
| 1997 | American Association of Medical Colleges, Junior Women in Medicine Professional Development Seminar, two-day workshop, Kansas City, MS |
| 2001 | Beck Institute, extramural two-day training program in cognitive therapy,  Bala Cynwyd, PA |
| 2001 | American Association of Medical Colleges, Mid-Career Women in Medicine  Professional Development Seminar, two-day workshop, Washington, DC |

Faculty Academic Appointments:

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| --- | --- |
| 1989-1991 | Clinical Fellow in Psychiatry, Harvard Medical School |
| 1992-1996 | Instructor in Psychiatry, Harvard Medical School |
| 1996-2000 | Assistant Professor in Psychiatry, Harvard Medical School |
| 2000-2006 | Associate Professor in Psychiatry, Harvard Medical School |
| 2006-2015 | Lecturer, Harvard Medical School |
| 2006-pres. | Professor of Psychiatry, Boston University School of Medicine |
| 2013-pres. | Adjunct Professor, University of Massachusetts Chan Medical School |

Appointments at Hospitals/Affiliated Institutions:

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| --- | --- |
| 1990-1993 | Research Associate, Psychosocial Program, McLean Hospital |
| 1991-1992 | Clinical and Research Fellow, McLean Hospital |
| 1991-1992 | Assistant Attending Psychologist, McLean Hospital |
| 1992-1996 | Assistant Psychologist, McLean Hospital |
| 1994-2003 | Research Associate, Addiction Services, Massachusetts General Hospital |
| 1996-2000 | Associate Psychologist; and Director, CBT Research Program, Alcohol and Drug Abuse Treatment Center, McLean Hospital |
| 2000-2006 | Psychologist; and Director, Trauma Research Program, Alcohol and Drug Abuse Treatment Center, McLean Hospital |
| 2002-2004 | Clinical Associate, Cambridge Health Alliance |
| 2004-2009 | Clinical Psychologist, National Center for PTSD, VA Boston Healthcare System |
| 2006-2015 | Psychologist, McLean Hospital |
| 2009-2017 | Research Psychologist, VA Boston Healthcare System |
| 2009-2017 | Research Associate, VA Center of Excellence: Center for Healthcare Quality, Outcomes and Economics Research (CHOIR), Edith Nourse Rogers VA Hospital, Bedford MA |

Other Professional Positions:

|  |  |
| --- | --- |
| 1992-1994 | Research Consultant, Cognitive-behavioral psychotherapy for depressed adolescents NIMH grant (PI: J. Garber) |
| 1995-pres. | Private practice, individual adult psychotherapy, Newton Centre, MA (formerly Brookline, MA) |
| 1996 | Expert witness, Boston University Legal Clinic (1 case) |
| 1996-1997 | Research Consultant, The May Institute, Norwood, MA |
| 1997- pres. | Expert witness, Campbell, Campbell & Edwards Trial Attorneys, Boston (1997, 1998, 2009, 2011, 2014, 2015, 2016) |
| 1997 | Research Consultant, The Better Homes Fund,  Newton, MA |
| 1997-2000 | Research Consultant, NIH (NIDA) grant, Psychotherapy for inner-city cocaine-dependent women (PI: D. Hien) |
| 1998-2004 | Consultant, Women Co-Occurring Disorders and Violence SAMHSA multisite grant (PIs: Brown, Heckman, VanDeMark, Fallot, Fleisher-Bond, Amaro, Finkelstein, Anderson, Cadiz) |
| 1999-2001 | Research Consultant, Treatment of incarcerated women with substance abuse and posttraumatic stress disorder, National Institute of Justice grant (PI: C. Zlotnick) |
| 2000-2001 | Research Consultant, Integrated psychotherapy for men with PTSD and substance use disorder, Falk Foundation grant (PI: R.D. Weiss) |
| 2001 | Data Analysis Consultant, Indiana Problem Gambling Public Awareness Study |
| 2001-2002 | Case Consultant, Massachusetts Department of Mental Health |
| 2001-2004 | Consultant, Treatment of PTSD and Substance Abuse in Women Prisoners, NIDA grant (PI: C. Zlotnick) |
| 2001-2005 | Consultant, Seeking Safety therapy for homeless women veterans, VA grant (PI: R. Rosenheck) |
| 2001-2007 | Consultant, NIDA Clinical Trials Network, Long Island Node (PI: E. Nunes) |
| 2002-2006 | Consultant, *Seeking Safety* treatment implementation, State of Connecticut Trauma Initiative, 7 clinical sites |
| 2003 | Consultant, GAINS Center, Orlando, FL |
| 2003 | Research Consultant, University of Wisconsin at Milwaukee |
| 2003 | Research Consultant, Boston University, Center for Anxiety and Related Disorders |
| 2003 | Consultant, *Seeking Safety* treatment implementation, Bucks County, 5 clinical  sites | |
| 2003-2006 | Consultant, Treatment Drug Court SAMHSA Grant, Criminal Justice, African-American Center of Excellence, Operation PAR (PI: T. Welsh) | |
| 2005 | Research Consultant, New England Research Institutes, “Teach CBT" web site |
| 2005-2006 | Research Consultant, Therapy of Comorbid Substance Use Disorders and  PTSD, NIDA grant (PI: W. Gott-Diener) |
| 2005-2008 | Consultant, Center on Child Abuse and Neglect, Children's Bureau grant (PI: S. Mullins) |
| 2005-2010 | Consultant, Project Aspire SAMHSA grant for homeless women (PI: E. Cleek) |
| 2005-2010 | Consultant, Women’s Program SAMHSA grant (PI: S. Mullins) |
| 2005-2008 | Consultant, Family Achievement in Recovery at PAR Village SAMHSA grant (PI: N. Hamilton) |
| 2005-2010 | Consultant, Project New Life Path SAMHSA grant (PI: S. Estrine) |
| 2006-2011 | Consultant, Center on Homelessness and Poverty, SAMHSA grant, (PI: E. Bassuk) |
| 2006-2011 | Consultant, Project Path to Recovery (PI: S. Estrine) |
| 2007-pres. | Director, Treatment Innovations (formerly LMN Consulting) |
| 2007-2008 | Consultant, Peer-to-Peer Recovery Support SAMHSA grant (PI: N. Hamilton) |
| 2008 | Expert witness, Updike, Kelly & Spellacy, New Haven CT (1 case) |
| 2010 | Technical Assistance Consultant, SAMHSA, Trauma-Informed Care, 37 clinical sites |
| 2013-2017 | Expert witness, Committee for Public Counsel Services, Cambridge, MA (3 cases) |

*And various othrs through 2024*

Major Administrative Leadership Positions:

*Local*

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| --- | --- |
| 1992-1998 | Project Director, NIDA Collaborative Cocaine Psychotherapy Study, McLean  Hospital and Massachusetts General Hospital |
| 2000-2002 | Co-Chair, Women’s Health Initiative, Harvard Medical School Division on Addictions |
| 2002-2004 | Chair, Women’s Health Initiative, Harvard Medical School Division on Addictions |

Committee Service:

*Local*

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| --- | --- |
| 1996-1997 | Psychology Department Steering Committee, McLean Hospital |
| 1997-2000 | Joint Committee on the Status of Women, Harvard Medical School |
| 1998-2000 | Diversity Committee, Department of Psychiatry, Massaschusetts General Hospital |
| 2001-2005 | Research Committee, McLean Hospital |
| 2007-2008 | Psychology Standards Board, Veterans Affairs Boston |
| 2008-2009 | Institutional Review Board, Veterans Affairs Boston |

*Regional*

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| --- | --- |
| 1997-1998 | Task Force, Coalition on Addiction, Pregnancy and Parenting, to develop standards of care for women with dual diagnoses, Cambridge, MA |
| 2003 | Virtual Training Team, Northeast Addiction Technology Transfer Center, Pittsburgh |

*National*

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| 1995 | Task Force on Counselor Effectiveness, Center for Substance Abuse Treatment, Washington, DC |
| 1995-1998 | Treatment Development Workgroup, National Institue on Drug Abuse (NIDA), Washington, DC |
| 1997-1999 | Workgroup, American Society of Addiction Medicine Coalition for National Clinical Criteria |
| 1998-1999 | Advisory Board, Center for Addictive Behavior, Health and Recovery Services, Tewksbury, MA |
| 1998-2013 | Advisory Board, National Center for Responsible Gaming, Kansas City, Boston, Beverly, MA |
| 1998 | Expert meeting, NIAAA Methodological Issues in Adolescent Substance Abuse, Washington, DC |
| 1999-2003 | Conference planning committee, National Center for Responsible Gaming, Kansas City and Washington, DC |
| 1999 | Expert meeting, NIAAA Extramural Scientific Advisory Board Treatment Portfolio Review, Washington, DC |
| 2001-pres. | Advisory Board, Division on Addictions, Harvard Medical School, Boston, MA |
| 2002 | Founding International Certification Advisory Committee, American Academy of Healtcare Providers in the Addictive Disorders, Duluth, MN |
| 2001, 2002, 2005 | Expert meeting, Federal Bureau of Prisons on trauma services, Boston |
| 2001, 2002 | Workgroup, East Bay Community Recovery Project, treatment outcome in PTSD/substance abuse, Sea Ranch, CA |
| 2002-2006 | Chair, Expert Consensus Panel, Treatment Improvement Protocol, *Trauma Informed Care in Behavioral Health Services*, Washington, DC |
| 2002 | Expert Consensus Panel, SAMHSA Treatment Improvement Protocol *Substance Abuse Treatment: Addressing the Specific Needs of Women*, Washington, DC |
| 2003 | Expert Consensus Panel, SAMHSA Treatment Improvement Protocol *Co-Occurring Disorders*, Washington, DC |
| 2002-2003 | Steering Committee, Women Co-Occurring Disorders and Violence Study, Center for Substance Abuse Treatment (SAMHSA), Washington, DC (January, July, and September, 2002; June 2003) |
| 2004 | Expert meeting, SAMHSA, Transforming Care for Trauma Survivors in the Public Mental Health System, Washington, DC |
| 2004-2008 | Council of Healthcare Advisors, Gerson Lehman Group, New York, NY |
| 2004-2007 | Expert Board, SAE Associates, New York, NY |
| 2004-2009 | Steering Committee, Co-Occurring Center of Excellence, SAMHSA, Washington, DC |
| 2005 | Expert meeting of the Surgeon General on Women's Mental Health, Denver |
| 2006, 2007 | Poster award committee, National Center for Responsible Gaming annual conference, Las Vegas |
| 2006-2011 | Chair, Substance Use Disorders-PTSD Workgroup, Veterans Affairs Health Services Research & Development (HSR&D) Substance Use Disorders Quality Enhancement Research Initiative (QUERI)\ |
| 2006-2007 | Advisory Board, Child Trauma Institute, Greenfield, MA |
| 2007-2013 | Executive Committee, Veterans Affairs HSR&D Substance Use Disorders QUERI |
| 2008 | Experts national meeting on Women and Violence at the University of Kentucky, Lexington |
| 2008-2010 | Scientific Advisory Board, Phoenix House, New York, NY |
| 2008-2010 | Advisory Board, Behavioral Health Brief (publication of HealthMedia) |
| 2009-2013 | Board of Governors, Veterans Healing Initiative, New York, NY |
| 2009-2010 | Steering Panel, SAMHSA Trauma Informed Systems committee, Washington, DC |
| 2010-2012 | Advisory Board, Project BRIGHT (Building Resilience through Intervention: Growing Healthier Together, Institute for Health and Recovery, Cambridge, MA |
| 2010-2011 | The Connection Institute for Innovative Practice, Middletown, CT |
| 2012-pres. | Expert Advisory Panel, Insitute on Trauma and Trauma-Informed Care, University at Buffalo—The State University of New York |
| 2012-pres. | Advisory Board, Center for Gambling Research at the University of Georgia, Athens, GA |
| 2013 | National Advisory Board, Spectrum Health Services, Worcester, MA |
| 2015 | Advisory Board, NIH Office of Women’s Health, Trauma Exposure and Trauma Informed Care Initiative, Washington, DC |
| 2016 | Expert panel meeting, National Center on Responsible Gaming, Boston MA |
| 2016 | Expert panel meetings on Adverse childhood experiences and weight intervention, Office of Women's Health, Bethesda, MD |
| 2016 | Selection Committee, Scientific Achievement Award, National Center for Responsible Gaming, Beverly, MA |
| 2016-2018 | Experts Work Group, SAMHSA, *General Adult Trauma Screening and Brief Response*, Washington, DC |
| 2016-2018 | Science Advisory Board, Campaign for Trauma Informed Policy and Practice, Washington, DC |
| 2017 | Editorial Board, SAMHSA technical assistance publication, *Addressing Domestic Violence in the Behavioral Health Services Setting* |

*International*

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| 2009-2010 | Web and dissemination task force, International Society for Traumatic Stress Studies |
| 2015-2016. | Expert committee to develop *Universal Addiction Curriculum*, Colombo Plan drug advisory programme, United Nations, Office of Drugs and Crime, Vienna, Austria |

Professional Societies:

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| --- | --- | --- |
| 1989-2001 | Society for Psychotherapy Research |  |
| 1989-2001 | New England Society for Behavior Analysis and Therapy  1989-1997  1998-1999 | Member  President |
| 21991-2002 | Association for the Advancement of Behavior Therapy  1991-2002  1997 | Member  Reviewer, annual convention program |
| 1997-2015 | American Psychological Association  1997-2015  1997  1997-1999  2007  2007-2015  2008-2014  2008-2009  2008, 2009  2009-2010  2010-2011 | Member  Reviewer, annual convention program  Election Chair, Division 50 (Addictions)  Charter Member  Division 56 (Trauma Psychology)  Member, Division 56 (Trauma Psychology)  Representative to *Friends of National Institute on Drug Abuse* committee for Division 50 (Addiction Psychology)  President-Elect, Society of Addiction Psychology (formerly Division 50)  Representative to the APA State Leadership Conference for the Society of Addiction Psychology  President, Society of Addiction Psychology  Past-President, Society of Addiction Psychology |
| 1996-2012 | International Society for Traumatic Stress Studies  1996-2012  1998-1999 | Member  Program Committee, annual conference |
| 1996 | Academy of Cognitive Therapy | Founding Member |
| 2009-2010 | Massachusetts Psychological Association |  |

**Grant Review Activities:**

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| --- | --- |
| 1997, 2001, 2007, 2011, 2014, 2015, 2017, 2022 | International Center for Responsible Gaming (formerly *National Center for Responsible Gaming*) |
| 1998 | National Institute of Mental Health, Special Review Group on PTSD |
| 1998 | National Institute of Mental Health, Special Review Group on Torture and Violence |
| 1999 | National Institute on Drug Abuse, Special Review Group on Behavioral Therapies |
| 2001-2004; 2006, 2007 2009, 2010 | Ontario Problem Gambling Research Centre |
| 2002 | National Institute on Drug Abuse, Special Review Group on Basic Science |
| 2002 | Institute for Research on Pathological Gaming and Related Disorders, Harvard Medical School, Division on Addictions |
| 2005 | Department of Veterans Affairs, Program Review |
| 7/07 | National Institute on Drug Abuse, Special Emphasis Panel, Scientific Review Group |
| 10/07 | Department of Defense, Congressionally Directed Medical Research Program |
| 12/07 | Health Research Council of New Zealand |
| 2/08 | National Institute of Mental Health, Small Business Innovation Research (SBIR) program special emphasis panel |
| 5/09 | National Institute on Drug Abuse, SBIR Special Emphasis Panel on screening, brief intervention, and referral to treatment |
| 10/09 | National Institute of Mental Health, Special Emphasis Panel, Scientific Review Group |
| 10/11 | National Institute on Drug Abuse, SBIR Special Emphasis Panel, Scientific Review Group |
| 3/12 | Acting Chair, National Institute on Drug Abuse, SBIR Special Emphasis Panel, Scientific Review Group |
| 11/12 | National Institute of Mental Health, Special Emphasis Panel, Scientific Review Group |
| 7/13 | Chair, NIH Special Emphasis Panel on PTSD and SUD, Scientific Review Group |
| 11/13 | Chair, NIH SBIR Scientific Review Group ZRG1 RPHB-R (12) |
| 11/13 | Chair, NIH SBIR Scientific Review Group ZRG1 RPHB-R (13) |
| 12/13 | Swiss National Science Foundation |
| 12/13 | Netherlands Organisation for Scientific Research (Dutch Research Council) |
| 3/14 | Chair, NIH SBIR Scientific Review Group ZRG1 HDM W 10 |
| 6/14 | Chair, NIH SBIR Scientific Review Group ZRG1 RPHB-R (12) B |
| 6/14 | NIH, Review on Social Media and Substance Use and Addiction (R01), 2014/08 ZCA1 SRB-H (O1) R |
| 10/14 | NIH, SBIR Scientific Review Group |
| 2/15 | Chair, NIH SBIR Scientific Review Group ZRG1 RPHB-R12 |
| 9/16 | Manitoba Gambling Research Foundation |
| 5/17 | Chair, NIH SBIR Scientific Review Group ZRG1 RPHB-R80 |
| 6/18 | Chair, NIH SBIR Scientific Review Group ZRG1 RPHB-Y (12) |
| 7/18 | Reviewer, Morgan State University (Baltimore), ASCEND Center for Biomedical Research, small grants program |
| 3/19 | Chair, NIH SBIR Scientific Review Group **ZRG1 RPHB-Y (12) B** |
| 6/19  6/20 | Chair, NIH SBIR Scientific Review Group ZDA1 IXR-Q (11 )R  **NIH, Special Emphasis Panel / Scientific Review Group, 2020/08 ZMH1 ERB-G (30) 1** |
| 2/21 | **NIH, Special Emphasis Panel / Scientific Review Group, 2021/05 ZMH1 ERB-B (04) R** |
| 5/22 | French Institute for Public Health Research/French National Cancer Institute |
| 3/23 | NIH, SBIR Scientific Review Group ZRG1 BP-C (10) |
| 6/23 | NIH, Special Emphasis Panel/Scientific Review Group **2023/10 ZDA1 SKP-E (O2) R** |
| 1/24 | NIH, Special Emphasis Panel / Scientific Review Group, Patient Engagement Resource Centers to Inform SUD Treatment Services Research |

Editorial Activities:

*Ad hoc Reviewer*

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| --- | --- |
| 1993-2000 | Archives of General Psychiatry |
| 1994-2001 | Psychotherapy Research |
| 1995-2002 | Addiction |
| 1995-2007 | Psychology of Addictive Behaviors |
| 1997-2017 | Journal of Traumatic Stress |
| 1997-2014 | Journal of Consulting and Clinical Psychology |
| 1997-2004 | Clinical Psychology Review |
| 1998-2000 | Journal of Psychosomatic Research |
| 1998-2000 | Drug and Alcohol Dependence |
| 1999-2003 | Harvard Review of Psychiatry |
| 1999-2004 | Journal of Substance Abuse |
| 1999-2001 | Alcohol Health and Research World |
| 2000-2003 | Journal of Clinical Psychology |
| 2000-2006 | Clinical Psychology: Science and Practice |
| 2001-2004 | Annals of Behavioral Medicine |
| 2001-2007 | Psychological Assessment |
| 2001-2009 | Bipolar Disorders: An International Journal of Psychiatry and Neurosciences |
| 2001-2010 | Journal of Substance Abuse Treatment |
| 2003-2008 | Child Abuse and Neglect |
| 2003 | American Psychological Association Books |
| 2003-2022 | Psychological Bulletin |
| 2004 | Harvard University Presents |
| 2004-2005 | Developmental Psychology |
| 2005-2009 | Cognitive Therapy and Research |
| 2006-2007 | Behavioural and Cognitive Psychotherapy |
| 2007-2010 | Comprehensive Psychiatry |
| 2007-2013 | Journal of Psychoactive Drugs |
| 2007-2008 | Depression and Anxiety |
| 2007-pres. | Journal of Gambling Studies |
| 2007-2010 | Journal of Addiction Medicine |
| 2008-2015 | Psychiatric Services |
| 2008-2014 | Addiction Research and Theory |
| 2008-2009 | American Journal of Public Health |
| 2009-2010 | Addiction Journal |
| 2009-2010 | Journal of Pain |
| 2009-2011 | Journal of Studies on Alcohol and Drugs |
| 2010-2012 | Journal of Trauma and Dissociation |
| 2010-2013 | Psychological Trauma:  Theory, Research, and Practice |
| 2010-2011 | American Journal of Orthopsychiatry |
| 2011 | Oxford University Presents |
| 2011 | Women’s Health Issues |
| 2011 | Institute of Medicine, National Academy of Sciences report *Preventing Violence against Women and Children* |
| 2011-2014 | Journal of Anxiety Disorders |
| 2012 | AIDS Research and Treatment |
| 2012-2016 | American Journal on Addictions |
| 2012 | Journal of the American Medical Association |
| 2014 | Criminal Justice and Behavior |
| 2014 | Routledge Books, a division of Taylor and Francis |
| 2015 | Behaviour Research and Therapy |
| 2017 | Administration and Policy in Mental Health and Mental Health Services Research |
| 2017 | Alcohol Research: Current Reviews |
| 2018 | Journal of Affective Disorders |
| 2021 | BMC Psychiatry |
| 2021 | Behavior Therapy |
| 2022 | American Psychologist |

*Other Editorial Roles*

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| --- | --- |
| 1997-2009 | Editorial Board, Psychotherapy Research |
| 1998-2005; 2012-2016 | Editorial Board, Journal of Traumatic Stress |
| 2000-2004 | Editorial Board, The Wager |
| 2000-2005 | Editorial Board, Clinical Psychology: Science and Practice |
| 2002-pres. | Editorial Board, Journal of Gambling Studies |
| 2004-2008 | Editorial Board, Psychology of Addictive Behaviors |
| 2004-2009; 2020-2021 | Editorial Borad, Brief Addiction Science Information Source (BASIS) of the Harvard Medical School Division on Addictions |
| 2007-2009 | Editorial Board, The Open Addiction Journal |
| 2009-2011 | Advisory Board, Asian Journal on Gambling Issues and Public Health |
| 2010-2015 | Editorial Board, Addiction Research and Theory |
| 2010-2012 | Editorial Board, European Journal of Psychotraumatology |
| 2011-pres. | Editorial Board, Psychological Trauma: Theory, Research, Practice, and Policy |
| 2014-pres. | Editorial Board, Journal of Dual Diagnosis |

Honors and Prizes:

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| --- | --- |
| 1985 | Vanderbilt University Graduate Fellowship |
| 1995 | American Academy of Health Care Providers in the Addictive Disorders, Founding member of the international certification advisory committee |
| 1997 | Chaim Danieli Young Professional Award, International Society for Traumatic Stress Studies (presented in Montreal, Canada) |
| 1998 | Outstanding Early Career Achievement Award, Society for Psychotherapy Research (presented in Salt Lake City, Utah) |
| 2001 | Fellow, American Psychological Association for “outstanding contribution to the field of psychology in addictions” |
| 2003 | Partners in Excellence Award to Alcohol and Drug Abuse Treatment Center research team, Partners Healthcare System, Boston, MA |
| 2004 | American Psychological Association, Emerging Leadership Award, Committee on Women in Psychology, for “outstanding work on behalf of women in psychology” (presented in Honolulu, Hawaii) |
| 2009 | Betty Ford Award for research on addictions, Association for Medical Education and Research in Substance Abuse |
| 2023 | Distinguished Alumna Award, Barnard College/Columbia University, New York |

**Report of Funded and Unfunded Projects**

Funding Information:

*Past*

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| 1993-1995 | | Group cognitive-behavioral therapy for women with PTSD and substance use disorder  NIH DA08631  **PI** ($100,000 direct)  This study focused on the development and initial pilot testing of a new behavioral therapy model for co-occurring PTSD and substance use disorder. | |
| 1994-1997 | | Relapse prevention for bipolar disorder and substance dependence  NIH DA07693  **Co-I** (PI: R.D. Weiss; $502,336 direct)  This study focused on the development and initial pilot testing of a new behavioral therapy model for co-occurring bipolar disorder and substance use disorder. | |
| 1996-1999 | | Group cognitive-behavioral therapy for women with PTSD and substance use disorder  NIH R01-DA08631  **PI** ($385,628 direct)  **PI** HIV/AIDS supplement for above grant ($40,100 direct)  This randomized controlled trial compared Seeking Safety to treatment as usual for women. | |
| 1997-1999 | | Cognitive-behavioral therapy for homeless women with PTSD and substance abuse  Smith Richardson Foundation  **Co-I** (PI: E. Bassuk; $395,450 direct)  This study evaluated Seeking Safety for homeless women in a community hospital setting. | |
| 1997-2002 | | Combined behavioral and pharmacologic treatment of alcoholism  NIH U10AA11715  **Site Co-I** (Site PI: R.D. Weiss; $1.57 million total)  This multisite randomized controlled trial, known as Project COMBINE, evaluated patient / treatment matching characteristics for alcohol use disorder. | |
| 1998-2001 | | Relapse prevention for bipolar disorder and substance dependence  NIH R01-DA15968  **Co-I** (PI: R.D. Weiss; $502,336 direct)  This randomized controlled trial evaluated a new behavioral therapy for co-occurring bipolar disorder and substance use disorder. | |
| 1998-2001 | | Cognitive-behavior therapy for PTSD/AUD adolescent girls  NIH R21-12181  **PI** ($140,000 direct)  This randomized controlled trial compared Seeking Safety to treatment as usual for adolescent girls. | |
| 1999-2004 | | The efficacy of psychosocial therapy for drug abuse  NIHIndependent Scientist Career Award 5K02DA000400  **PI** ($368,590 direct)  This career award focused on the development and testing of new behavioral therapies for drug use disorders co-occurring with mental illness. | |
| 2002-2004 | | Clinical Trials Network, Harvard University-Northern New England Node  NIH DA multisite  **Site Co-I** (Site PI: R.D. Weiss; total $7.7 million)  This multisite study evaluated various protocols (behavioral and/or pharmacologic) for substance abuse treatment. | |
| 2004-2005 | | A Multimedia Training Package for Seeking Safety Therapy  NIH R43DA018437  **PI** ($99,640 direct)  This study evaluated a video-based training on Seeking Safety for clinicians. | |
| 2005-2006 | | Adaptation of Clinical Resources for American Indian Veterans  Department of Veterans Affairs  **PI** ($257,000 direct)  This project provided cultural adaptation and evaluation of resources relevant to mental health for Native American veterans. | |
| 2005-2010 | | Effectiveness of Screening and Treatment for PTSD in SUD patients  Dept. of Veterans Affairs Health Services Research and Development Merit Grant  **Co-I** (PI: R. Kimmerling; direct $681,100)  This randomized controlled trial evaluated Seeking Safety for veterans with PTSD and substance abuse compared to treatment as usual. | |
| 2007-2009 | | PTSD and gambling  Ontario Problem Gambling Research Centre  **Co-PI** (PI: D. Korn; $175,000 CDN)  This quantitative descriptive project compared three samples: people with PTSD and pathological gambling vs. PTSD alone vs. pathological gambling alone. | |
| 2007-2008 | | PTSD/Substance Abuse Key Informant Survey  Dept. of Veterans Affairs Health Services Research and Development QUERI  **PI** ($15,000 direct)  This study evaluated staff attitudes toward PTSD/substance abuse patients. | |
| 2007-2008 | | Basic versus Enhanced Training in PTSD/Substance Abuse Treatment  Dept. of Veterans Affairs Health Services Research and Development QUERI  **Co-PI** (PI: T. Kosten) ($50,000 direct)  This study compared two methods for training counselors in Seeking Safety. | |
| 2008 | | PTSD/Substance Abuse Treatment for OEF/OIF Veterans  Dept. of Veterans Affairs Health Services Research and Development QUERI RRP  **PI** ($75,000 direct)  This pilot study evaluated the Seeking Safety model for new veterans from Iraq and Afghanistan. | |
| 2009 | | Therapy for PTSD PG  Ontario Problem Gambling Research Centre 2674  **Co-PI** (PI: C. Classen; $35,000 CDN)  This was a pilot study of Seeking Safety for women with PTSD and problem gambling. | |
| 2009 | | Telephone Screening for Community Veterans  Dept. of Veterans Affairs Health Services Research and Development QUERI RRP 08-254  **PI** ($75,000 direct)  This study evaluated an interactive voice response system to screen veterans in the community for substance abuse and key mental health disorders. | |
| 2009-2010 | | Automated Telephone Assessment for Substance Abuse Treatment  NIH R43DA026649  **PI** ($218,902 total)  This project focused on the development and evaluation of am interactive voice response system for screening and referral. | |
| 2010 | | Automated Telephone Screening for Problem Gamblers  Ontario Problem Gambling Research Centre 2840-KA  **PI** ($10,000 CDN direct)  An interactive voice response system was developed and evaluated to provide a brief screen and automated feedback to potential problem gamblers. | |
| 2010-2014 | | A Randomized Controlled Trial on Women's Substance Abuse Treatment  Dept. of Veterans Affairs Clinical Sciences Research and Development Merit Grant NEUA  **PI** ($626,500 direct)  This randomized controlled trial compared a gender-based addiction recovery model (*A Woman’s Path to Recovery)* with a non-gender based model (*12-Step Facilitation)* for women veterans. | |
| 2010-2013 | | Seeking Safety for Service Members  Dept. of Defense W81XWH-10-2-0074  **PI** ($186,549 direct)  This was a pilot study on Seeking Safety for active duty military. | |
| 2010-2013 | | Seeking Safety Therapy for PTSD, TBI, and Substance Use Disorder  Dept. of Defense W81XWH-10-2-0173  **PI** ($614,778 direct)  To apply Seeking Safety therapy to active military with PTSD, substance use disorder, and traumatic brain injury. | |
| 2011-2013 | | Pilot study of an integrated exposure-based model for PTSD and SUD  Dept. of Veterans Affairs Clinical Sciences Research and Development SPLA-06-S09  **Co-PI** (PI Krinsley; $250,726 direct)  This randomized controlled trial compared the behavioral therapy models Creating Change (past-focused) versus Seeking Safety (present-focused). | |
| 2011-2015 | | MISSION-Vet HUD VASH Implementation Study  Dept. of Veterans Affairs Health Services Research and Development Merit Grant  **Co-I** (PI: Smelson; $1,098,800 direct)  This study evaluated a new treatment manual for homeless veterans with mental illness. | |
| 2013-2014 | | Development of a PTSD/SUD program-level assessment  Dept. of Veterans Affairs Health Services Research and Development QUERI RRP 09-410  **PI** ($99,997 direct)  This grant was used to develop and evaluate an assessment tool that could be used by programs to evaluate their level of awareness and quality in addressing PTSD/SUD. | |
| 2013-2014 | | Assessment of suicide, violence, and related high-risk behaviors in veterans  Dept. of Veterans Affairs Health Services Research and Development QUERI RRP 11-417  **PI** ($99,996 direct)  To conduct a pilot implementation and evaluation of the *Short-Term Assessment of Risk and Treatability* (START) assessment in the Veterans Justice Outreach Program (VJO) in VA. | |
| 2014-2016 | | Engaging Peers in Comparative Effectiveness Research  Patient Centered Outcomes Research Institute / Eugene Washington Award  **PI** ($250,000 direct)  This study was designed to create and evaluate the usefulness of a website to engage mental health peers to participate on research teams. | |
| 2014-2015 | | Phone app for grounding (de-escalation) of substance-abusing transition-age youth  NIH R43DA038393  **PI** ($172,308 direct)  This study was designed to develop a beta version of a novel phone app to help youth with substance abuse learn to calm themselves. | |
| 2016-2017 | | Automated assessment using facial coding  NIH R43DA042640  **PI** ($168,228 direct)  A mobile app is being developed for transition-age youth to relate their emotions (as determined by an automated facial coding system) to their substance cravings and use. | |
| 2016-2017 | | A technology solution for peer-led Seeking Safety  NIH R43DA041949  **PI** ($180,497 direct)  A mobile app is being developed to support telephone peer-led Seeking Safety sessions. Seeking Safety is a coping skills model that promotes recovery from substance abuse and trauma. | |
| 2016-2021 | | Online coping skills counseling for problem gambling and trauma  Manitoba Gambling Research Program LG-15-13  **Co-PI** ($374,996 direct)  A randomized trial comparing Seeking Safety for problem gambling (PG) and posttraumatic stress disorder to Cognitive-Behavioral Therapy for PG. | |
| 2017-2021 | | Phone app for grounding (de-escalation) of substance-abusing transition-age youth  NIH R44AA026746  **PI** ($1,025,535 direct)  This randomized controlled trial tests an expanded version of a mobile app we developed to help youth with substance abuse learn to calm themselves using grounding techniques. | |
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*Current*

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| 2018-2022 | Automated assessment using facial coding  NIH R44DA042640  **PI** ($1,120,522 direct)  This randomized controlled trial tests an expanded version of a mobile app we’ve developed for transition-age youth to relate their emotions (as determined by an automated facial coding system) to their substance cravings and use. |
| 2018-2022 | A technology solution for peer-led Seeking Safety  NIH R44DA041949  **PI** ($1,126,276 direct)  This randomized controlled trial tests an expanded version of a mobile app we developed to support telephone peer-led Seeking Safety sessions. Seeking Safety is a coping skills model that promotes recovery from substance abuse and trauma. |

**Report of Local Teaching and Training**

*Teaching of Students in Courses*

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| 1986-1988 | Teaching Assistant, Vanderbilt University (Introductory Psychology, Cognition) |

*Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)*

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| 1997-2003 | Cognitive-behavioral therapy, PGY2 Psychiatry Residency Program, McLean and Massachusetts General Hospitals (2-4 hours / year) |
| 1999-2002 | Cognitive-behavioral therapy, PGY3 Psychiatry Residency Program, McLean and Massachusetts General Hospital (2-4 hours / year) |
| 2005-2012 | Various topics including PTSD/substance abuse and Writing for professional success, VA Boston post-doctoral trainees, 1 hour/year |

*Clinical Supervisory and Training Responsibilities*

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| 1995-2000 | Clinical Supervisor, McLean Hospital Psychology Internship, weekly individual psychotherapy supervision (52 hours/year in 1995, Jeffrey Syzmanski; 104 hours/year in 1996, Georgia Panayiotou, Jeffrey Szymanski; 52 hours/year in 1997, Michael Hufford; 52 hours/year in 1998 Kelly Klump; 156 hours/year in 1999, Rima Saad, Anna Samoilov, Jennifer Potter; 52 hours/year in 2000, Maryellen Crowley) |
| 1996 | Clinical Supervisor, Addiction Services, Massachusetts General Hospital, weekly individual psychotherapy supervision (52 hours/year) (Donna Janas) |
| 1996-1997 | Clinical and Research Supervisor, May Institute/Cutler Clinic, weekly individual psychotherapy supervision and bi-weekly group research supervision (78 hours/year) (Jeffrey Syzmanski; Amy Blackburn) |
| 1997-1999 | Clinical Supervisor, Psychiatry Residency Program, McLean Hospital, one psychiatry resident, weekly individual psychotherapy supervision, (52 hours/year) (1997-98 Christopher Palmer; 1998-1999 Javier Salabarria); monthly supervision (2004 Karsten Kueppenbender) |
| 1997-2000 | Clinical Supervisor, St. Luke’s-Roosevelt Hospital, New York, NY, postdoctoral psychology trainees, weekly group psychotherapy telephone supervision (52 hours/year) (Deborah Fraser, Kay Johnson, Linda Centano, Lisa Litt) |
| 1998-1999 | Clinical Supervisor, Massachusetts General Hospital, Cognitive-Behavioral Psychology Internship, bi-weekly group supervision of psychology interns/postdoctoral trainees (26 hours/year) (Steven Safren, Isabel Scarcini, Aude Hennin, Jane Kogan) |
| 1998 | Field Supervisor, Harvard Graduate School of Education, one master’s-candidate graduate student (Barbara Hilliard), bi-weekly individual supervision (12 hours/year) |
| 1998 | Field Supervisor, Cambridge College Counseling Program, one master’s-candidate graduate student (Sheela Calhoun), weekly individual supervision (36 hours/year) |
| 1998 | Practicum Supervisor, The Fielding Institute, one doctoral clinical psychology graduate study (Karen Mahoney), weekly individual supervision (36 hours/year) |
| 1999-2001 | Clinical Supervisor, Brown University/Butler Hospital, Providence, RI, weekly group psychotherapy telephone supervision three psychology/social work trainees (52 hours/year) (Sylvia Orellana, Celia Winsor, Barbara Wolfsdorf) |
| 2000-2010 | Preceptor, Clinical Research Training Program/Harvard Medical School |
| 2001-2002 | Partners Psychiatry Mentorship Program, mentor to junior faculty (Steven Safren, PhD) |
| 2002-2003 | Clinical Supervisor, Veterans Affairs 9-Site Homeless Women’s Project (52 hours/year, Tracey Rogers, PhD) |
| 2002-2003 | Clinical Supervisor, State of Connecticut Trauma Initiative (52 hours/year, Martha Schmitz, PhD) |
| 2005-pres. | Clinical Supervisor, VA Boston psychology predoctoral internship (summer rotation, 1 hr/week, Maureen Alwood, 2005; summer rotation, 1 hr/week, Kellie McCay, 2006) |
| 2005-2008 | Clinical Supervisor/Trainer, VA Boston (1 hr/week, group serpervision/training on substance abuse) |
| 2016 | Clinical Supervisor, Edith Nourse Rogers VA Hospital (Bedford), Erin Hightower, 1 hr/every other week |

*Laboratory and Other Research Supervisory and Training Responsibilities*

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| 1997-1999 | Developed and coordinated McLean Hospital research mentorship program for psychology students, interns and psychiatry residents to obtain research experience |
| 1998 | Research Mentorship Supervisor, McLean Hospital, two bachelor’s level psychology trainees (52 hours/year) (Rebecca Winkel, Linda Jones) |
| 1999-2003 | Director/Supervisor of postdoctoral trainees in my research program, McLean Hospital, 1999-2000 (Patricia Vriesendorp, PsyD), 2000-2001 (Martha Schmitz, PhD), 2003 (Melanie Harned, PhD); and of predoctoral trainees in my program 2000-2001 (Tammi Gugliotti, MA and Angela Pagano, BA) as well as three predoctoral practicum students from the University of Konstanz, Germany (Silke Gotthardt, MA; Jana Sonn, MA; and Ragna Runkel, MA) |
| 2000-2008 | Research mentor to Sudie Back, PhD (as part of her NIDA K08); Benita Walton-Moss, PhD (as part of her NIDA K23); Nancy Wu, MD (as part of her K12 AACAP/NIDA Research Scientist Development Award); William Gott-Diener, PhD (as part of his NIDA R03); Sonya Norman, PhD (as part of her NIAAA K23) |
| 2000-2014 | Preceptor, Clinical Research Training Program, Judge Baker Children's Center, Harvard Medical School |
| 2001-2003 | Outside Dissertation Committee Member for Elizabeth Pratt, M.A., Rutgers University, New Brunswick, NJ (2001-2002) and Catherine Martin, Argosy University, Point Richmond, CA (2003) |
| 2001-2003 | Partners Summer Internship for College Students, mentor to 4 students in 2001 (Christina Neuner, Suzy Sacher, Marybeth Walsh, and Naomi Brown); 1 student in 2002 (Michael Sarette); 1 student in 2003 (Nishi Kanukollu) |
| 2001-2002 | Mentor to two college students as part of McLean volunteer program (Adrienne Newburg and Angela Pagano) |
| 2005-2015 | VA Boston: 2005-2006: consortium internship advisor to Donna Ryngala, MA (monthly); individual supervisor to Maureen Allwood, MA (weekly); clinical supervisor to Kellie McKay (4 months). 2006-2007: group supervision (Helen McDonald, Jeffrey Goldberg, Kristin Lester) biweekly; individual supervision (Jennifer Berz), weekly, 4 months; 2007; individual research supervision, weekly (Margreet Jansma); individual supervision (Ashley Greenwell), weekly, 4 months, 2008; group research supervision (Paola Rodriguez and Anna Villavicencio), monthly, 2008; individual supervision (Heidi Barrett-Model), biweekly, 8 months, 2008-2009; individual research supervision (Adrienne Abramowitz, PhD), biweekly, 8 months, 2008; supervisor to staff on research (Chrysanthe Courniotes, BA, 2005-2006; Sandra Torres, BA, 2005; Erin Daly, 2005-2006; Sheeva Mostoufi, 2006-2007; Amy Rubin, PhD, 2009-2010; Tejas Srinivas, 2010-2011; Kay Johnson, LICSW, 2010-2014; Helen Tretiak-Carmichael, MA, 2012-2015) |
| 2010-2014 | Supervisor to postdoctoral fellows Joni Utley, PsyD (2011-2013) and Melissa Anderson, PhD (2012-2014) |
| 2015-2017 | Outside Doctoral Dissertation Committee Member for Tim Kok, Radboud University Nijmegen (Netherlands); and Teresa Marsh, Laurentian University (Canada) |
| 2015-2016 | Research practicum supervisor for Brandeis University undergraduate student Kelly Wang |
| 2016-2017 | Research supervisor to Britney Lambert, MD (1 hr/week) |
| 2016-2017 | Research practicum supervisor for Boston University School of Public Health master's students Greg Chun (2016), Xi Chen (2016), Lindsay Clayton (2017) |

**Formal Teaching of Peers (e.g., CME and other continuing education courses):**

***Local Invited Presentations***

*No presentations below were sponsored by outside entities*

*Lectures, in-service presentations, and case conferences of two hours or less. Topics include: PTSD and Substance Abuse, Cognitive-Behavioral Therapy, Psychotherapy for Substance Abuse, Professional Development for Psycholgists, and the Seeking Safety treatment*. Sites include: Alcohol and Drug Abuse Treatment Center, McLean Hospital (1992, 1997); Psychology Internship Program, McLean Hospital (1994-1999); Fellows Conference, Addiction Services, Massachusetts General Hospital (1994-2000); Psychology Internship, Massachusetts General Hospital (1995-1997); Women’s Treatment Program, McLean Hospital (1996-1998); Victims of Violence Program, Cambridge Hospital (1997, 2009); Harvard Medical School Psychology Internship Career Day (1997); Zinberg Training Program in the Addictions, Harvard Medical School (1998-2000); Adolescent Unit, McLean Hospital (1999); Trauma and Dissociative Disorders Treatment Program, McLean Hospital (1999);Boston University Clinical Psychology Colloquium (2000); Cambridge Hospital (2000); Harvard University Health Services (2000); Division on Addictions, Harvard Medical School (2009) and numerous others since (list available on request).

*Grand rounds, keynote or plenary lectures. Topics include: PTSD and Substance Abuse, Psychotherapy for Dual Diagnosis, Seeking Safety, Creating Change, Outcome Study Design,* and *Gender-Specific Treatment.* Sites include: McLean Hospital Academic Conference (1997, 1998); Cambridge Hospital/ Harvard Medical School Addictions conference (1999, 2002); Veterans Affairs Boston (1999, 2008); Harvard Medical School/Cambridge Hospital Treating the Addictions Conference (2005, 2010, 2015, Boston); Boston Medical Center (2006, 2010, Boston, MA); Harvard Medical School's CME course Addiction Medicine: Evidence-Based Treatment for Pharmacotherapies (2007, Boston, MA); Harvard Medical School CME Course (2008, Boston); McLean Hospital (2008); McLean Hospital Addictions conference (2010); Complexities and Challenges of PTSD and TBI conference, Massachusetts General Hospital Psychiatry Academy (2011, Boston, MA); Cambridge Hospital CME course on addiction (2013, Boston, MA) and numerous others since (list available on request).

**Report of Regional, National and International Invited Teaching and Presentations**

*No presentations below were sponsored by outside entities*

***Regional***

*Lectures, in-service presentations and case conferences of two hours or less. Topics include: PTSD and Substance Abuse, Cognitive-Behavioral Therapy, Psychotherapy for Substance Abuse, Professional Development for Psycholgists,* and *Seeking Safety*. Sites include: Harvard Community Health Program (Boston, 1996); Manic Depressive and Depressive Association-Boston (1996); Mount Auburn Hospital (1997, 1999); Greater Lawrence Mental Health Center (1997, Lawrence, MA); May Institute (1997, Dedham, MA); Arbour Hospital (1997, 1999, Boston); Lowell House (1998, Lowell, MA); Massachusetts Dietetics in Developmental and Psychiatric Disorders Practice Group (1998, Waltham, MA); Community Health Education Center (1999, 2001 Boston); Human Resource Institute (2000, 2003, Brookline, MA); Shattuck Hospital (2000-2002, Boston); University of Massachusetts-Boston, Department of Psychology (2000); YWCA trauma conference (2001, Westborough, MA); Institute for Health and Recovery (2001, Cambridge, MA) and numerous others since (list available on request).

*Grand rounds, keynote or plenary lectures of two hours or less. Topics include: PTSD and SubstanceAbuse, Psychotherapy for Dual Diagnosis, Seeking Safety, Outcome Study Design, Substance Abuse Treatment,* and *Gender-Specific Treatment.*  Sites include: New England Society for Behavior Analysis and Therapy (1995, Belmont, MA); Arbour Hospital (1996, Boston); Coalition on Addiction, Pregnancy and Parenting (1997, Cambridge, MA); AdCare Educational Foundation (1997, 2001, Springfield, MA); Massachusetts Department of Mental Health (1999, Boston); University of Massachusetts Medical Center (1999, Worcester, MA); University of Connecticut Health Sciences Center (1999, Farmington, CT); Employee Assistance Society of North America (1999, Boston); South Shore Treatment and Recovery (1999, 2000, Cape Cod); Gosnold Treatment Center (1999, 2000 Cape Cod); New England Society for the Study of Dissociation (1999); The Whitehead Institute for Biomedical Research (1999, Cambridge, MA); Center for Addictive Behaviors (1999, Danvers; 2000, Tewksbury, MA); Habit Management (1999, Boston); Massachusetts Psychiatric Society (1999, Waltham, MA); Brown University (1999, Providence, RI); Westborough State Hospital (2000, Westborough, MA); Institute of Living (2003, Hartford, CT); Department of Mental Health (Tewksbury, MA, 2001); University of Southern Maine trauma conference (2001 and 2003, Augusta); Assumption College (2002, Worcester, MA); Gosnald Treatment Center (2006, Falmouth, MA); SSTARbirth Program of SSTAR-RI (2007, Cranston, RI); Families in Transition program (2007, Manchester, NH); New Hampshire Taskforce for Women in Recovery (2007, Concord, New Hampshire); New England Association of Drug Court Professionals (2008); Spectrum Health conference on women (2008, Marlborough, MA); Brown University and VA Providence (2009, Providence, RI); Boston University School of Social Work (2009, Boston, MA); Fourth Annual Addictions Symposium sponsored by Lemuel Shattuck Hospital (2010, Boston, MA);  Edith Nourse Rogers VA Hospital Social Work Department (2011, Bedford, MA); SMART Recovery, Cambridge chapter (2011, Cambridge, MA);  National Council on Problem Gambling (2011, Boston, MA); Department of Health and Human Services, State of Maine (2014, webinar); Maine Quality Counts (2015, webinar); Edith Nourse Rogers VA Hospital, training on problem gambling (2016, Bedford, MA); University of Massachusetts Medical School psychiatry department (2016) and numerous others since (list available on request).

*Workshops of a half-day to two days. Topics include: Seeking Safety, Psychotherapy for Substance Abuse, Cognitive Therapy,* and *PTSD and Substance Abuse.*  Sites include: Commonwealth Educational Seminars (1999, Boston and Hyannis, MA); Connecticut Counseling Center (1999, Farmington); Center for Addictive Behavior (1999, Tewksbury, MA); Adcare Educational Institute (1999, Dedham, MA; 2001, Worcester, MA); Connecticut Valley Hospital (2001); Connecticut Women’s Consortium (2001, Farmington); Cedarcrest Hospital (2002 and 2003, Newington, CT); Alcohol and Drug Recovery Centers (2002 and 2003, Hartford, CT); North Central Counseling Services (2002 and 2003, Windsor, CT); Inter-Community Mental Health Group (2002 and 2003, East Hartford, CT); Connecticut Valley Hospital (2002 and 2003, Middletown, CT); Connecticut Counseling Center (2002 and 2003, Middlebury, CT); Coordinating Council for Children in Crisis (2002 and 2003, New Haven, CT); Penobscot County Dual Diagnosis Collaborative (2003, Maine); Institute for Health and Recovery (2006, Hyannis, MA); New England School for Best Practices in Addiction Studies (2006, Waterville Valley, NH); Brattleboro Retreat (2011, Brattleboro, VT); Mountainside Treatment Center (2012, Canaan, CT); Behavioral Health Network of Vermont (2012, Montpelier, VT); Maine Medical Center (2013, Portland, ME); Crossroads Maine (2014, Portland, ME); Silver Hill Hospital (2014, New Canaan, CT); Stanley Street Treatment and Resources (2015, 2016, Fall River, MA) and numerous others since (list available on request).

***National***

*Grand rounds, keynote or plenary lectures of two hours or less. Topics include: PTSD and SubstanceAbuse, Psychotherapy for Dual Diagnosis, Seeking Safety, Substance Abuse Treatment, Outcome Study Design,* and *Gender-Specific Treatment.* Sites include:University of Texas Health Sciences Center (1999, San Antonio); Mississippi Veterans Affairs Hospital, (1999, Biloxi); International Trauma Studies Program Conference, New York University (1999, 2000, New York);National Centers for Disease Control (1999, Atlanta);State University of New York at Binghamton (2000); National Center for Responsible Gaming annual conference (2000, Las Vegas; 2011, Boston); NIDA Clinical Trials Network Annual Meeting (2001, Washington, DC); NIAAA panel at American Society of Addiction Medicine conference (2001, Washington, DC); NIMH panel on adolescent substance abuse at American Psychological Association annual conference (2001, San Francisco); National Institute on Justice (2001, Washington, DC); University of Michigan School of Social Work (2001, Ann Arbor); Michigan Coalition Against Sexual and Domestic Violence (2001, Lansing); CSAT conference on trauma (2002, Washington, DC); Center on Addiction and Substance Abuse of Columbia University Webcast (2002, New York City); Palo Alto Veterans Affairs Distance Learning Live Webcast (2002, CA); NIDA panel at American Psychological Association’s Enhancing Outcomes in Women’s Health Conference (2002, Washington DC); CSAT satellite conference at College of Physicians on Drug Dependence (2002, Quebec, Canada); Blending Clinical Practice and Research: Forging Partnerships to Enhance Drug Addiction Treatment Conference (2002, New York City); Project Link (2002, Providence, RI); Dartmouth Medical School panel at American Psychological Association conference (2002, Chicago, IL); Social Intervention Group of Columbia University School of Social Work (2002, New York City); Chesapeake Health Education Program-VA Medical Center (2002, Sheppardstown, WV); 26th Annual Governor’s Conference on Substance Abuse (2003, Des Moines, IA); Portland State University Co-Occurring Disorders Conference (2003, Portland, OR); American Correctional Association (2003, Charlotte, NC); Virginians Allied Against Sexual Assault (2003; Charlottesville, VA); 15th Annual Southwest Psychiatric Symposium (2003, Albuquerque, NM); Marin Services for Women Conference (2003, San Rafael, CA); GAINS Center Conference (2004, Las Vegas); Florida Alcohol and Drug Abuse Association (2004, St. Petersberg, FL); University of Idaho (2004, Boise, ID); Addiction Technology Transfer Center, Southeast (2004, Atlanta); Institute for Research on Pathological Gambling and Related Addictions (2004, Las Vegas); UCLA Western Conference on Addictions (2004, Los Angeles); Medical University of South Carolina (2004, Charleston); Case Western Reserve University (2004, Cleveland); NIDA panel at American Psychiatric Association conference (2004, New York City); SAMHSA panel at Women Across the Lifespan conference (2004, Washington, DC); 8th Annual Force Health Protection Conference (2005, Louisville, KY); SAMHSA Expert Meeting on Trauma and Substance Abuse in Adolescence (2005, Boston); Phoenix House (2005, New York City); SAMHSA/NIH Joint Meeting on Adolescent Substance Abuse Treatment Effectiveness (2005, Washington, DC); Conference for the Integrated Treatment of Co-Occurring Disorders and Mental Illness at the Cincinnati Children's Hospital Medical Center (2005, Cincinnati); 6th annual Central New York Addiction Psychiatry Conference (2005, Syracuse, NY); 2nd Annual Western Conference on Addictions and Mental Health (2005, Los Angeles); 7th Annual Central New York Addiction Psychiatry Conference (2006, Syracuse, NY); College of Problems on Drug Dependence annual conference (2006, Scottsdale, AZ); Center for Substance Abuse Treatment (2006, audio presentation); National Center for PTSD (2006, Menlo Park, CA); The Medical University of Ohio Department of Psychiatry annual conference (2006, Toledo, OH); VA conference (2007, Denver, CO); Panel on treatment of PTSD at the VA / Dept. of Defense conference, Evolving Paradigms: Providing Health Care to Transitioning Combat Veterans (2007, Las Vegas, NV); Annual Tuerk Conference sponsored by the University of Maryland Medical School Dept. of Psychiatry (2007, Baltimore, MD); Southwest Regional Behavioral Health Conference (2007, Albuquerque, NM); Dartmouth Hitchcock Medical Center, HIV/AIDs Seminar Series (2009, Hanover, NH); Spring Harbor Hospital (2005, Portland, ME); Ontrack Program project on domestic violence (2007, teleseminar, Sacramento, CA); Indiana Judicial Center Court Alcohol and Drug Program annual meeting (2007, Indianapolis, IN); Grantee meeting for Operation Par / Targeted Capacity Expansion / SAMHSA (2007, Tampa, FL); 8th annual Summer Institute of the Pacific Southwest Addiction Technology Transfer Center (2007, Sedona, AZ); Women's Symposium, Betty Ford Center /Caron Foundation (2007, Palm Springs, CA); VA Case Managers Conference on OEF/OIF veterans (2008, San Diego, CA); St. Elizabeth's Hospital 100 Years of Psychology conference (2008, Washington, DC); Annual meeting of the American Academy of Addiction Psychiatry (2008, Boca Raton, FL); University of California conference, Treating Addicted Offenders--Making It Work (2008, San Diego); 3rd National Conference on Women, Addiction and Recovery by the Center for Substance Abuse Treatment (2008, Tampa, FL); American Psychiatric Association, panels for NIDA and NIAAA (2009, San Francisco, CA); Haymarket Center Conference (2009, Chicago, IL); Silver Hill Hospital (2009, New Canaan, CT); California Society of Addiction Medicine (2009, San Francisco, CA); San Francisco VA (2009, San Francisco, CA); Betty Ford Award lecture as part of the Addiction Medical Education and Research Association conference (2009, Bethesda, MD); 2nd annual Trauma Spectrum Disorders conference (2009, Bethesda, MD); Federal Roundtable on Women and Trauma by SAMHSA and the US Department of Justice (2010, Washington, DC); Joint Task Force National Capital Region, Medical *Substance Misuse Symposium,*Uniformed Services University (2010, Bethesda, MD); annual conference of Therapeutic Communities of America (2010, Washington, DC); PTSD Research Department of Defense conference (2011, Frederick, MD); VA/DoD Continuum of Care: Battlefield Healthcare Series Summit (2011, Washington, DC); Institute of Medicine, Prevention, Diagnosis, Treatment and Management of Substance Use Disorders in the U.S. Armed Forces(2011, Irvine, CA); Connecticut Council on Problem Gambling annual conference (2011, Westbrook, CT); Defense Centers of Excellence 4th Trauma Spectrum Conference (2011, Bethesda, MD); U.S. Senate, women and addiction forum (2014, Washington, DC); University of California Los Angeles and Los Angeles County Department of Mental Health, Integrated Care conference (2013, Los Angeles); The National Council conference (2014, National Harbor, MD); Bridging Access to Care, Brooklyn College (2014, Brooklyn, NY); National Institute on Drug Abuse women's symposium at the American Society of Addiction Medicine (2014, Orlando, FL); 2014 Addressing the Intersection of Trauma, Mental Health Challenges, and Substance Use, Substance Abuse and Mental Health Services Administration (2014, webinar); American Psychiatric Association conference, NIAAA-sponsored presentation (2015, Toronto, Canada); Pregnant and Postpartum Women summit, Substance Abuse Mental Health Services Administration (2016, Rockville, MD; 2017, webinar); Substance Abuse Mental Health Services Administration, Substance Use Disorders, Virtual Training Academy (2015, webinar); Homeless Programs Grantee Conference, Substance Abuse Mental Health Services Administration (2016, Arlington, VA); American Psychiatric Association (2017, webinar); Fathers & Families Coalition of America (2017, webinar); Albizu University research symposium (2017, Miami, FL); Evidence-Based Practices Symposium, Los Angeles County Department of Mental Health (2017, Los Angeles, CA); Ohio 4th Annual Trauma Informed Care Summit by the Ohio Department of Mental Health and Addiction Services (2017, Columbus, OH) and numerous others since (list available on request).

*Plenary plus workshop and/or workshop of a half-day to two days. Topics include: Seeking Safety, Psychotherapy for Substance Abuse, Cognitive Therapy, PTSD and Substance Abuse.* Sites include: Second Annual Mead Lecture, McCloud Medical Center (1997, Florence, SC); Texas Commission on Alcohol and Drug Abuse (1997, 2001, Austin; 2001, Washington, DC); Palo Alto Veterans Affairs Hospital (1998, 2001 CA); Queen of Peace Treatment Center (1999, St. Louis); Mountain View Hospital (1999, Gadsden, AL); University of Wisconsin (1999, Milwaukee); Midwest Conference on Child Sexual Abuse (2000, 2001 Madison, WI; 2001, Washington, DC); Menlo Park Veterans Affairs Hospital (2000, CA); New Horizons Community Service Board (2001, Columbus, GA); Contra Costa County (2001, Martinez, CA); Allies Treatment Program (2000, Stockton, CA; 2002, Modesto, CA);University of South Florida (February and May, 2002; 2003, Tampa, FL ); Prestera Center for Mental Health Services (2002, Huntington, WV); Sheppard-Pratt Health System (2002, Baltimore); New Jersey Division of Addiction Services-9/11 response training (2002, Trenton); Central East Addiction Technology Transfer Center (2002, Washington, DC); East Bay Community Recovery Project (2001, 2002, and 2003; Oakland, CA); Illinois Alcohol and Drug Dependence Association (2002, Peoria); Mid-Florida Center for Mental Health and Substance Abuse Services (2002, Austin, TX); Caron Foundation (2002, Wernersville, PA); Veterans Affairs 10-Site Homeless Women Project (2002, Tampa, FL, and Boston); Children’s Justice Task Force Conference (2002, Morgantown and Charleston, WV); Annual Perinatal/Substance Abuse Conference (2002, Modesto, CA); Behavioral Technology Transfer Group (2002, Seattle, WA; Minneapolis, MN; Portland, ME); Philadelphia Health Management Corporation (2003, Philadelphia); Foundation for Research on Sexually Transmitted Diseases (2003, New York City); Mid-Valley Behavioral Care Network (2003, Salem, OR); State of Wyoming Substance Abuse Division (June, 2003, Casper); Minnesota Community Corrections Association (2003, Minneapolis); Payne Whitney Clinic, Cornell University (2003; New York City); Prairielands Addiction Technology Transfer Center (2003, Des Moines, IA); Philadelphia Veterans Affairs Hospital (2003, Philadelphia); University of Arizona (2003, Phoenix); National Association of Social Workers (2003, Baltimore); Long Island Node Clinical Trials Network (July and September, 2003, New York City); Summer Institute on Addiction and Prevention Studies (2003, Reno, NV); Kentucky School of Alcohol and Other Drug Studies (2003, Highland Heights, KY); Springfield Hospital Center (2003, Sykesville, MD); City and County of San Francisco (2004, San Francisco); Virginia Summer Institute for Addiction Studies (2004, Williamsburg, VA); North Carolina Summer School for Alcohol and Drug Studies (2004, Wilmington, NC);Nebraska statewide conference on domestic violence (2004, Lincoln, NE); Co-Occurring Disorders Interagency Advisory Committee Conference (2004, Yakima, WA); 4th Annual Criminal Justice Institute at the University of California, San Diego (2004, San Diego); Idaho State University Health Care Conference (2004, Pocatello); LA County Department of Mental Health (2004, Los Angeles); PROTOTYPES (2004, Los Angeles); Tennessee Advanced School on Addictions (2005, Nashville); 12th Annual Southeast Conference on Co-Occurring Disorders (2005, Orlando, FL); Metropolitan State College of Denver, conference sponsored by National Institute on Corrections (2005, Denver); LA County Department of Mental Health (2005, Los Angeles); 20th annual summer institute of the State University of New York at Buffalo, University of Buffalo School of Social Work (2005, Buffalo, NY); University of California at San Diego (2005, San Diego); Annual VA Mental Health Training Conference (2005, Syracuse, NY); Prairielands Addiction Technology Transfer Center (2005, Bismarck, ND); Kodiak Conference (2006, Anchorage, AK); Pacific Institute of Chemical Dependency (2006, Honolulu, HI), University of North Carolina (2006, Chapel Hill, NC); Ohio Department of Alcohol and Drug Addiction Service (2006, Columbus, OH); Hamilton County “Off the Streets” Program (2006, Cincinnati, OH); Fairfax County Department of Mental Health (2006, Fairfax, VA); South Dakota Upper Plains Summer Institute (2006, Sioux Falls, SD); World Federation of Therapeutic Communities 23rd Annual Conference (2006, New York City); Hazelden Foundation, Women Healing Conference (2006, repeated in five cities: Minneapolis, Tampa, White Plains, Chicago, Seattle); Gateway Foundation (2006, Springfield, IL); Mid-Florida Center (2006, Indianapolis, IN); California Department of Alcohol and Drug Programs (2006, Sacramento, CA); Phoenix House (2006, New York City); Project New Life Path (2006, New York City); pre-meeting institute for International Society for Traumatic Stress Studies conference 2008, Baltimore); Houston VA (2007 Houston, TX); Annual Tuerk Conference sponsored by the University of Maryland Medical School Dept. of Psychiatry (2007, Baltimore, MD); Cascadia Behavioral Health (2007, Portland, OR ); Onondaga County Department of Mental Health (2007, Syracuse, NY); Lutheran Social Services of Wisconsin and Upper Michigan (2007, Wisconsin Dells, WI); Jane Addams College of Social Work, University of Illinois at Chicago (2007, Chicago, IL); 8th annual Summer Institute of the Pacific Southwest Addiction Technology Transfer Center (2007, Sedona, AZ); Winter Conference of the Guest House Institute (2008, New Orleans, LA); VA residential programs (2008, Nashville, TN); VA Philadelphia (2008, Philadelphia, PA); Heartland Alliance (2008, Chicago, IL); San Diego VA / University of California at San Diego (2008, San Diego, CA); Los Angeles County Department of Mental Health (2008, 2011, 2013); Virginia Summer Institute of Addiction Studies (2008, Williamsburg, VA); Kentucky School of Alcohol and Other Drug Studies of the University of Northern Kentucky (2008, Covington, KY); Summer Institute for Addictions Professionals (2008, Portland, OR); MetaHouse (2008, Milwaukee, WI); Rosecrance Health Network Lecture Series (2009, Rockford, IL); 3rd Annual REMBA Conference, North Carolina Agricultural & Technical State University (2009, Greensboro, NC); CalWorks Mental Health Dept. (2009, Riverside, CA); 5th annual Borderline Personality Disorder conference at Yale University School of Medicine (2009, New Haven, CT); Northwest Institute of Addictions Studies (2009, Portland, OR); Air Force Deployment Mental Health (2009, San Antonio, TX); Operation PAR (2009, Tampa, FL); Headrest (2009, Lebanon, NH); Syracuse Behavioral Healthcare (2009, Syracuse, NY); Alameda County (2009, San Francisco, CA); St. Monica's Program (2009, 2014, Lincoln, NE); Responsibility House (2009, New Orleans); Imperial County (2009, El Centro, CA); Department of Human Services, State of NJ (2010, Monroe, NJ); 18th annual Northern California Kaiser-Permanente Conference for Psychiatry and Chemical Dependency (2010, San Francisco, CA); annual conference of The Connection, Inc. (2010, Middletown, CT); Aurora Psychiatric Hospital (2010, Milwaukee, WI); Michigan Association of Community Mental Health Boards (2010, Dearborn, MI); Trauma Symposium at the Berkshire Medical Center (2010, Pittsfield, MA); SAMHSA 4th National Conference on Women, Addiction and Recovery (2010, Chicago, IL); Joint Annual Conference for the Florida Alcohol and Drug Abuse Association and the Florida Council for Community Mental Health (2010, Orlando, FL); 2nd Annual Southwest Regional Integrated Behavioral Health Conference (2010, San Diego, CA); statewide substance abuse conference sponsored by Valley Vista treatment program (2010, Fairlee, VT); University of South Florida as part NIDA Center on Co-Occurring Disorders, Justice, and Multidisciplinary Research Colloquium Series (2011, Tampa, FL); 4/22/11 [Lisa N]: StarVista (2011, San Mateo, CA); 3rd Annual Statewide Conference on Integrated Services for Individuals with Mental Health and Substance Use Disorders, Michigan Department of Community Health (2011, Dearborn, MI, 2012, Lansing, MI); Massachusetts Association of Approved Chapter 766 Schools (2011, Marlboro, MA); Mountain Area Health Education Center, Focus on Women conference (2011, Hendersonville, NC and 2011, Asheville, NC); annual VA Psychology Leadership Conference (2011, San Antonio, TX); Beaver County Behavioral Health (2011, 2014, 2017, Monaca, PA); Army Substance Abuse Program, Joint Base Lewis-McCord (2011, 2013, Dupont, WA); College on Problems of Drug Dependence annual conference, Center for Substance Abuse Treatment Satellite Conference on trauma-informed care (2011, Hollywood, FL); Inova Fairfax Hospital (2011, Fairfax, VA); Gulf Coast Conference on Alcohol and Drug Abuse (2011, Mobile, AL); National Center for Responsible Gaming mini-conference or pre-conference workshop (2012, 2016, 2017, Las Vegas; 2013 Kansas City, MO; 2017, Albuquerque, NM); New York Council on Problem Gambling annual conference (2012, Albany, NY); Macomb County Intermediate School District (2012, Clinton Township, MI; New Mexico Behavioral Health Services Consortium Symposium (2012, Albuquerque, NM; Texas Juvenile Justice Department (2012, Corsicana, TX; Aliviane (2013, El Paso, TX); Didi Hirsch Mental Health Services (2013, Los Angeles, CA); Piedmont Community Services (2013, Martinsville, VA); Adelphi University School of Social Work (2013, Garden City, NY); Oakland County Community Mental Health Authority (2013, Auburn Hills, MI); University of New Mexico School of Medicine (2013, Albuquerque, NM); Southeast Florida Behavioral Health Network (2013, West Palm Beach, FL); St. Luke’s Roosevelt Hospital Center (2013, New York, NY); North Country Community Mental Health (2013, Petoskey, MI); New Frontier Treatment Center (2014, Fallon, NV); Treatment Trends (2014, Allentown, PA); Social Model Recovery Systems (2014, Covina, CA); Lewis and Clark College Center for Community Engagement (2014, Portland, OR); Community Counseling Centers (2014, Show Low, AZ); East Bay Community Recovery Project (2015, Oakland, CA); Outreach Training Institute (2015, Queens, NY); Bureau of Prisons (2015, Aurora, CO); Western Michigan University (2015, Kalamazoo, MI);  Operation PAR (2015, Pinellas Park, FL); Racine Interfaith Coalition (2016, Racine, WI); Indian Health Service (2016, Phoenix, AZ); Sacramento County Office of Education (2016, Sacramento, CA); The Guidance Center (2016, Southgate, MI); Moore Counseling and Mediation Services (2016, Cleveland, OH); Covenant House (2016, 2017 Detroit, MI); Phoenix Counseling Center (2016, Charlotte, NC); Detroit Wayne Mental Health Authority (2017, Detroit, MI); Migliore Treatment Services (2017, Harrisburg, PA); Cabarrus School System (2017, Concord, NC); Salt Lake Behavioral Health (2017, Salt Lake City, UT); Younique Foundation (2017, Lehi, UT) and numerous others since (list available on request).

***International***

*Grand rounds, keynote or plenary lectures of two hours or less. Topics include: PTSD and Substance Abuse, Seeking Safety, Substance Abuse,* and *Gender-Specific Treatment*. Sites include: University of New South Wales, National Drug & Alcohol Research Centre (2007, Sydney, Australia); Association of European Psychiatrists annual conference (2008, Nice, France); 2nd annual Asian Pacific Conference on Problem Gambling and Addictions (2008, Hong Kong); Catholic University of Milan (2009, Milan, Italy); World Congress on Depressive Disorders / International Symposium on Posttraumatic Stress Disorders, organized by the National University of Cuyo (2010; Mendoza, Argentina); Taiwanese Addiction Fellowship Training Program (2011, Taipei, Taiwan); nscience, UK series on PTSD (2016, webinar) and numerous others through 2022 (list available on request).

*Plenary and workshop and/or workshop of a half-day to two days.* *Topics include: Seeking Safety, Psychotherapy for Substance Abuse, Cognitive Therapy, PTSD and Substance Abuse.* Sites include: Caribbean Basin/Hispanic Addiction Technology Transfer Center (2002 and 2004, San Juan, PR);University of British Columbia (2003, Vancouver, Canada); Eye Movement Desensitization and Reprocessing International Association (2004, Montreal, Canada); Homewood Health Centre (2/04 and 5/04, Guelph, Ontario, Canada); McMaster University (2004, Hamilton, Ontario, Canada); Pinewood Centre (2004, Oshawa, Ontario, Canada); Dutch Society for Psychiatry annual meeting and related meetings (2004, Utrecht and Amsterdam, Holland);Amiga Continuing Education Program (2005, Puerto Vallarta, Mexico); 2nd Annual Western Canadian Conference on Addictions and Mental Health (2005, Vancouver); Kethea Regional Training Certificate Program for Addiction Counselors (2005, 2007, 2009, 2011, 2013, 2015, 2017, Athens, Greece); Hincks Dellcrest Treatment Center (2005, Toronto, Canada); Joseph’s Care Group (2005, Thunder Bay, Canada); Hanmer Clinic Annual Dual Diagnosis Conference (2005, Tauranga, New Zealand); Conference on Healing Trauma and Addictions (2006, Reed Deer, Alberta, Canada);University of Toronto Medical School, Department of Psychiatry, Psychotherapy Day (2006, Toronto, Canada); Barwon Health, Drug and Alcohol Services (2007,Melbourne, Australia); 10th annual conference of the Hanmer Clinic (2007, Tauranga, New Zealand); Best Practices conference on Women and Trauma/Addictions Chatham-Kent Health Alliance, (2007, Chatham, Ontario, Canada);Rehabilitation for Addicted Prisoners Trust (2007, London, England); Maria Ungdom Program (2008, 2009 Stockholm, Sweden); Bouman Mental Health Care (2008, Rotterdam, Netherlands); Training on dual diagnosis (2008, Modum Bad, Norway); Annual Winter School on Addictions Conference (2008, Brisbane, Australia); Colloque Toxicomanie et Santé Mentale, l’Hôpital Louis-H. Lafontaine (2009, Montreal, Canada); Solutions Onsite (2009, London, Ontario, Canada); Dalhousie University, School of Social Work (2009, Halifax, Nova Scotia, Canada); Ending Violence Association of British Columbia, annual conference (2009, Vancouver, B.C., Canada); Centre for Addiction and Mental Health (2009, Toronto, Canada); Leading Edge Seminars (2009, Toronto, Canada); Argentine Society for Psychotrauma (2010, Buenos Aires, Argentina); U.S. Department of State (2010, Campinas, Brazil); Cardiff University traumatic stress conference (2010, Cardiff, Wales); Healing and Treating Trauma and Addictions conference (2012, 2013, Vancouver Island, BC, Canada); Central Norway Regional Health Authority, Alcohol and Drug Treatment Health Trust (2013, Trondheim, Norway); University of Calgary (2013, Calgary, Alberta, Canada); European Society for Traumatic Stress Studies pre-conference meeting (2013, Bologna, Italy); University of Manitoba (2013, Winnipeg, Manitoba, Canada); Pinewood Centre of Lakeridge Health (2014, Ajax, Ontario, Canada); Defence Medical Services, military mental health conference (2015, Lichfield, UK); House of Friendship (2014, Waterloo, Ontario, Canada); University of Hamburg (2015); Sørlandet Hospital (2015, Kristiansand, Norway); Suicide Prevention Committee Fredericton Area (2015, Fredericton, New Brunswick, Canada); University of Brescia congress on psychic trauma (2015, Brescia, Italy); Tactus conference on trauma and addiction (2017, Deventer, Netherlands); 1st Naufur International Addiction Conference (2017, Doha, Qatar) and numerous others since (list available on request).

For an updates list of presentations, see <https://www.treatment-innovations.org/training.html>

**Report of Clinical Activities and Innovations**

*Current Licensure and Certification*

Massachusetts Licensed Health Provider in Psychology (MA-6160)

*Prior Licensure and Certification*

|  |  |
| --- | --- |
| 1983 | New York State, Certified Teacher (social studies grades 8-12) |
| 1989 | State of Tennessee, Licensed Psychological Examiner |
| 1996-2003 | Academy of Cognitive Therapy, Certified Cognitive Therapist |
| 1995-2000 | Certified Addiction Specialist, American Academy of Health Care Providers in the Addictive Disorders |
| 2005-2014 | Board Certified in Cognitive and Behavioral Psychology, American Board of Professional Psychology |

*Practice Activities*

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| --- | --- | --- | --- |
| 1988 | Psychological Examiner | The Learning Lab, Nashville, TN | 2 hours/week |
| 1988-1989 | Psychological Examiner | Assessment and Consultation for Schools, Dickson, TN | 1-5 hours/week |
| 1992-1994 | Outpatient individual and group adult psychotherapy | Alcohol and Drug Abuse Treatment Program, McLean Hospital | 4-8 hours/week |
| 1997-2000 | Psychotherapy | Reduced Fee Therapy Program for Psychiatry Residents, Harvard Medical School | variable |
| 2005-2014 | Individual psychotherapy | VA Boston and Edith Nourse Rogers VA Hospital (Bedford) | 1-3 hours/week |

*Clinical Innovations*

|  |  |
| --- | --- |
| *Seeking Safety* therapy model (1992-pres.) | Developed the first evidenced-based psychotherapy model for co-occurring posttraumatic stress disorder (PTSD) and substance use disorder (SUD). The model offers first-stage, present-focused coping skills that can be used by any patient / provider in group or individual modality. Published as a treatment manual book (2001), which has been translated into 12 languages. Is used in tens of thousands of treatment programs nationally and internationally. Has been studied in numerous clinical trials by outside investigators as well as myself, and currently remains the most evidence-based model for PTSD/SUD. Also developed ancillary materials for the model including a fidelity scale and video-based training. Listed on SAMHSA's National Registry of Effective Practices and Programs. |
| *A Woman's Path to Recovery*  (2001-pres.) | Developed a gender-specific model for women's addiction therapy for group or individual modality. Completed a pilot outcome study (2007) and RCT (under review) on the model. Listed on SAMHSA's National Registry of Effective Practices and Programs. |
| *Creating Change* therapy model (2004-pres.) | Developed a second stage model for co-occurring posttraumatic stress disorder (PTSD) and substance use disorder (SUD) that offers second-stage, past-focused exploration skills that can be broadly used in group or individual modality. Completed an RCT on the model and am currently editing the treatment manual for publication as a book. |

**Report of Technological and Other Scientific Innovations**

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| Mobile app to teach grounding  (2014-pres.) | Developed a beta version of a mobile app to teach calming strategies ("grounding") to youth with substance abuse. Grounding is widely used in psychiatric treatment but typically needs a clinician to teach it. Completed a phase 1 feasibility study of the app and am now in phase 2 refinement of the app in preparation for an RCT. |
| Mobile app to support peer-led Seeking Safety  (2016-pres.) | Developed a beta version of a mobile app to reinforce telephone-based, peer-led Seeking Safety. Currently completing a phase 1 feasibility study on it. Has potential to strongly improve the quality and access to care for people who cannot or do not want to attend in-person treatment. |
| Mobile app to help youth identify their emotions  (2016-pres.) | Developed a beta version of a mobile app to help youth with substance abuse learn more about their feelings as a way to help them reduce substance use. Completed a phase 1 feasibility study on it, with positive results, and a phase 2 grant is currently under review. Has potential to improve care for substance abuse in young people. |

**Report of Education of Patients and Service to the Community**

***No presentations below were sponsored by outside entities***

*Activities*

|  |  |
| --- | --- |
| 9/1/1997 | Quoted in *Alcohol and Drug Abuse Weekly* article “Study: Group therapy helps addicted women with trauma history” |
| 9/19/1997 | Interviewed on *Channel 7 News, Lester Strong’s Healthcast* on Seeking Safety therapy |
| 1998 | Profiled in *National Institute on Drug Abuse NIDA Notes* (vol. 13, p. 7) article, “Innovative treatment helps traumatized drug-abusing women” |
| 1999 | Quoted in *American Psychological Association* *Monitor* (vol. 30, p. 32) article, “Women addicts vulnerable to trauma” |
| 3/25/2005 | Profiled in *mainetoday.com* article, “National expert brings safety program to Maine to benefit psychiatric patients” |
| 4/25/2006 | Profiled in *Falmouth Enterprise* article “Addiction, mental health topic of community forum” |
| 5/21/06 | Quoted in *Falmouth Enterprise* (p. 10) article “Mental illness, substance abuse often linked, experts say; concurrent treatment key" |
| 2006 | Profiled in Addiction Technology Transfer Center *The ATTC Networker* (vol. 8, p. 11) article, “Effective treatment resources available for women with trauma and addiction issues” |
| 3/5/2008 | Interviewed for segment on *National Public Radio, Talk of the Nation* on substance abuse interventions |
| 1/3/2012 | Interviewed for Medscape CME course / article on "The Trimorbidity: Substance Use, PTSD, and Traumatic Brain Injury" <http://www.medscape.org/viewarticle/755799> |
| 1/10/2012 | Quoted in *Chicago Tribune* article "Prescription for heartache: Family members can play a powerful role in helping loved ones addicted to prescribed drugs" |
| 11/9/2013 | Covered in *Atlanta Journal Constitution*, "The Colonel's War" |
| 2/12/2014 | Participated in panel discussion for cable television show, *Road to Recovery*, SAMHSA |
| 7/2018 | 1. Featured as *Author of the Month*byGuilford Press |
| 10/4/18 | 1. Addiction and Trauma | Research and Recovery: An interview with Dr. Lisa Najavits, Addiction Blog |
| 6/28/21 | 1. Interviewed for *PsychHub*, “[What is trauma](https://www.youtube.com/watch?v=7ePycw-8jlY)” |
| 3/16/21 | 1. Interviewed for *Emancipation Nation* podcast, “The necessity of safety” |
| 9/16/21 | 1. Quoted in *New York Times* article, “’It’s always going to haunt me’: How the Capitol riot changed lives” |
| 9/16/21 | 1. Interviewed for the *Institute of Creative Mindfulness* on “Seeking Safety” |
| 9/21/21 | 1. Interviewed for *Voice of America* podcast, “Treating PTSD and substance use disorders” |
| 5/17/22 | 1. Quoted in *Self magazine* (Condé Nast), “The definition of trauma is evolving—here’s how that can help us heal” |
| 6/10/22 | 1. Interviewed for segment on *KCBS radio news* (San Francisco) on trauma |
| For additional media coverage see | |
| <https://www.treatment-innovations.org/ss-in-the-news.html> | |

*Educational Material for Patients and the Lay Community*

***Books, monographs, articles and presentations in other media (e.g., video and websites, movies, television and radio) that educate the public about medicine, health or biomedical sciences***

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| --- | --- | --- | --- |
| 1998 | Educational video for for patients | **Najavits LM**, Abueg F, Brown PJ, Dansky B, Keane T, Lovern J. (1998). Numbing the Pain: Substance abuse and psychological trauma. Cavalcade Productions, Nevada City, CA | Provides information and support to help people with trauma / addiction problems. |
| 2002 | Self-help book | **Najavits LM** (2002).A Woman’s Addiction Workbook. Oakland, CA: New Harbinger. | Provides gender-specific education and self-help to guide women in their recovery from addiction. |
| 2016 | Website | www.patientcenteredresearch.org | Developed this educational website for mental health and addiction professionals and peers. The goal is to encourage peers to become members of clinical trials research teams to enhance the validity of studies. |
| 2017 2019 | Self-help book | **Najavits, LM** (2017; revised edition 2019). Finding Your Best Self. Recovery from Addiction, Trauma or Both. New York: The Guilford Press. | Provides education and self-help to guide people in recovery from addiction and/or trauma. |

***Patient educational material***

1. **Najavits LM**. Trauma and substance abuse. The Healing Woman: A National Newsletter for Women Trauma Survivors, 1996;5:7.
2. **Najavits LM**. Old habits get more choices. Psychology Today, 1996; November/December:8.
3. **Najavits LM**. Trauma and substance abuse. Many Voices (newsletter for trauma survivors). vol. X, number 4, August, 1998.
4. **Najavits LM.** Seeking Safety: A New Treatment for PTSD and Substance Abuse. Five Borough AIDS Mental Health Alliance Newsletter, 2001; 3: 1-3.

**Report of Scholarship**

Peer-Reviewed Scholarship in print or other media

**Research Investigations**

1. Cella DC, **Najavits LM**. Infertility: A latent problem in cancer survival. Psychosomatics,1986;

27:562.

1. Gunderson JG, Sabo AN, **Najavits LM**. Stages of change in psychotherapy of borderline patients. J Psychotherapy Practice and Research,1993; 2:64-71.
2. **Najavits LM**. How do psychotherapists describe their work? A study of metaphors for the

therapy process. Psychotherapy Research, 1993; 3:294-299.

1. **Najavits LM**, Strupp HH. Differences in the effectiveness of psychodynamic therapists: A

process-outcome study. Psychotherapy, 1994; 31:114-123.

1. **Najavits LM**, Wolk K. A survey of public utilization of self-help materials. Journal of Psychology, 1994; 128, 617-619.
2. Gastfriend DR, Filstead WJ, Reif S, **Najavits LM**, Parrella DP. Validity of assessing treatment readiness in patients with substance use disorders. American Journal on Addictions, 1995; 4:254-260.
3. **Najavits LM**, Gunderson JG. Better than expected: Improvements in borderline personality disorder in a three-year prospective outcome study. Comprehensive Psychiatry, 1995; 36:1-
4. Sabo AN, Gunderson JG, **Najavits LM**, Chauncey D, Kisiel C. Changes in self-destructiveness of borderline patients in psychotherapy: A prospective follow-up. Journal of Nervous and Mental Disease, 1995; 183: 370-376.
5. Weiss RD, **Najavits LM**, Muenz L, Hufford C. 12-month test-retest reliability of the Structured Clinical Interview for DSM-III-R personality disorders (SCID-II) in cocaine dependent patients. Comprehensive Psychiatry, 1995;36: 384-389.
6. **Najavits LM**, Griffin ML,Luborsky L, Frank A, Weiss RD, Liese BL,Thompson H, Nakayama E, Siqueland L, Daley D, Onken LS. Therapists' emotional reactions to substance abusers: A new questionnaire and initial findings. Psychotherapy, 1995; 32: 669-677.
7. Luborsky L, Barber JP, Siqueland L, Johnson S, **Najavits LM**, Frank A, Daley D. The revised Helping Alliance questionnaire (HAq-II): Psychometric properties. Journal of Psychotherapy Practice and Research, 1996; 6:260-271.
8. Weiss RD, Griffin ML, **Najavits LM**, Kogan J, Hufford C, Thompson H, Albeck J, Bishop IS, Daley D, Mercer D, Simon Onken L, Siqueland L. Self-help activities in cocaine-dependent patients entering treatment: Results from the NIDA Cocaine Collaborative Study. Drug and Alcohol Dependence, 1996; 43: 79-86.
9. **Najavits LM**, Gastfriend DG, Nakayama EY, Barber JP, Blaine J, Frank A, Muenz LR, Thase M. A measure of readiness for substance abuse treatment: Psychometric properties of the RAATE research interview. American Journal on Addictions, 1997; 6: 74-82. Article abstracted in:Alcohol Research 1997;2:136.
10. Gunderson JG, **Najavits LM**, Leonhard C, Sullivan CN, Sabo AS. Ontogeny of the therapeutic alliance in borderline patients. Psychotherapy Research, 1997; 7:301-309.
11. Crits-Christoph, P Siqueland, L Blaine, J Frank, A Luborsky, L, Onken, LS, Muenz, L Thase, ME, Weiss, RD Gastfriend, DR Woody, G, Barber, JP Butler, SF Daley, D Bishop, S, **Najavits, LM**, Lis, J Mercer, D, Griffin, ML, Beck, A Moras, K. The NIDA Cocaine Collaborative Treatment Study: Rationale and Methods. Archives of General Psychiatry, 1997; 54: 721-726.
12. Weiss RD, Griffin ML, Hufford C, Muenz LR, **Najavits LM**, Jansson SB, Kogan J, Thompson HJ. Early prediction of initiation of abstinence from cocaine: Use of a craving questionnaire. American Journal on Addictions, 1997; 6: 224-231.
13. **Najavits LM**, Gastfriend DR, Barber JP, Reif S, Muenz LR, Blaine J, Frank A, Crits-Christoph P, Thase M, Weiss RD. Cocaine Dependence with and without PTSD among subjects in the National Institute on Drug Abuse Collaborative Cocaine Treatment Study. American Journal of Psychiatry, 1998; 155: 214-219.

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1. **Najavits LM**, Weiss RD, Reif S, Gastfriend DR, Siqueland L, Barber JP, Butler SF, Thase M, Onken LS. The Addiction Severity Index as a screen for trauma and posttraumatic stress disorder. Journal of Studies on Alcohol, 1998: 59: 56-62.
2. Weiss RD, **Najavits LM**, Greenfield SF, Soto JA, Shaw SR, Wyner D. Validity of substance use self-reports in dually diagnosed outpatients. American Journal of Psychiatry, 1998; 155:127-128.
3. **Najavits LM**, Weiss RD, Shaw SR, Muenz L. “Seeking Safety”: Outcome of a new cognitive-behavioral psychotherapy for women with posttraumatic stress disorder and substance dependence. Journal of Traumatic Stress, 1998; 11:437-456.
4. Crits-Christoph P, Siqueland L, Chittams J, Barber J, Beck A, Liese BS, Luborsky L, Mark D, Mercer D, Woody G, Onken L, Frank A, Thase M, **Najavits LM**. Training in cognitive therapy, supportive-expressive therapy, and drug counseling treatment for cocaine abuse: Results from the NIDA Cocaine Collaborative Treatment Study. Journal of Consulting and Clinical Psychology; 1998; 66:484-492.
5. Ouimette PC, Brown PJ, **Najavits LM**. Course and treatment of patients with both substance use and posttraumatic stress disorders. Addictive Behaviors; 1998; 23:785-795.
6. Weiss RD, Greenfield SF, **Najavits LM**, Soto JA, Wyner D, Tohen M, Griffin ML. Medication compliance among patients with bipolar disorder and substance use disorder. Journal of Clinical Psychiatry, 1998; 59:172-174.
7. Weiss RD, **Najavits LM**, Greenfield SF. A relapse prevention group for patients with bipolar and substance use disorders. Journal of Substance Abuse Treatment, 1999; 16: 47-54.
8. **Najavits LM**, Weiss RD, Shaw SR. A clinical profile of women with PTSD and substance dependence. Psychology of Addictive Behaviors, 1999; 13:98-104.
9. Crits-Christoph P, Siqueland L, Blaine J, Frank A, Luborsky L, Onken LS, Muenz L, Thase ME, Weiss RD, Gastfriend DR, Woody G, Barber JP, Butler SF, Daley D, Bishop S, **Najavits LM**, Lis J, Mercer D, Griffin ML, Moras K, Beck AT. Psychosocial treatments for cocaine dependence: Results of the NIDA Cocaine Collaborative Study. Archives of General Psychiatry,1999; 57: 493-502.
10. **Najavits LM**, Weiss RD. Nelson SR, Dierberger A. Psychotherapists’ views of treatment manuals. Professional Psychology: Research and Practice, 2000; 31:404-408.

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1. Weiss RD, Greenfield SF, Griffin ML, **Najavits LM**, Fucito LM. The use of collateral reports for patients with bipolar and substance use disorders. American Journal of Drug and Alcohol Abuse, 2000; 26:369-378.
2. Weiss RD, Kolodziej ME, **Najavits LM**, Greenfield SF, Fucito LM. Utilization of psychosocial treatments by patients diagnosed with bipolar disorder and substance dependence. American Journal on Addictions, 2000; 9:314-320.
3. Weiss RD, Griffin ML, Greenfield SF, **Najavits LM**, Wyner D, Soto J, Hennen A. Group therapy for patients with bipolar disorder and substance dependence: Results of a pilot study. Journal of Clinical Psychiatry, 2000; 61:361-367.
4. Siqueland, L, Crits-Christoph, P, Barber, JP, Butler SF, Thase M, **Najavits LM**, Simon-Onken, L. The role of therapist characteristics in training effects in cognitive, supportive-expressive, and drug counseling therapies for cocaine dependence. Journal of Psychotherapy Practice and Research, 2001; 9: 123-130.
5. **Najavits, LM.** Clinicians’ views on treating posttraumatic stress disorder and substance use disorder. Journal of Substance Abuse Treatment, 2002; 22:79-85.
6. **Najavits LM**, Runkel R, Neuner C, Frank AF, Thase ME, Crits-Christoph P, Blaine J. Rates and symptoms of PTSD among cocaine-dependent patients. Journal of Studies on Alcohol, 2003; 64:601-606.
7. **Najavits LM,** George B, Grymala, L. Can advertising increase awareness of problem gambling? A state-wide study of impact. Psychology of Addictive Behaviors, 2003; 17:324-327.
8. Zlotnick C, **Najavits LM**, Rohsenow, DJ, Johnson DM. A cognitive-behavioral treatment for incarcerated women with substance use disorder and posttraumatic stress disorder: Findings from a pilot study. Journal of Substance Abuse Treatment, 2003; 25:99-105.
9. Weiss RD, Kolodziej M, Griffin ML, Najavits LM, Jacobson LM, Greenfield SF. Substance use and perceived symptom improvement among patients with bipolar disorder and substance dependence. Journal of Affective Disorder, 2004; 79:279-283.
10. **Najavits LM**, Gotthardt S, Weiss RD, Epstein M. Cognitive distortions in the dual diagnosis of PTSD and substance use disorder. Cognitive Therapy and Research, 2004; 28:159-172.
11. **Najavits LM,** Sonn J, Walsh M, Weiss RD. Domestic violence in women with PTSD and substance abuse. Addictive Behaviors, 2004; 29:707-715.
12. Weiss RD, Kolodziej M, Griffin ML, **Najavits LM**, Jacobson LM, Greenfield SF. Substance use and perceived symptom improvement among patients with bipolar disorder and substance dependence. Journal of Affective Disorders, 2004; 79:279-283.
13. **Najavits LM**, Sullivan TP, Schmitz M, Weiss RD, Lee CSN. Treatment utilization of women with PTSD and substance dependence. American Journal on Addictions, 2004; 13:215-224.
14. **Najavits LM**, Ghinassi F, Van Horn A, Weiss RD, Siqueland L, Frank A, Thase ME, Luborsky L. Therapist Satisfaction With Four Manual-Based Treatments on a National Multisite Trial: An Exploratory Study. Psychotherapy: Theory, Research, Practice, Training, 2004; 41:26-34.
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16. Weiss RD, Griffin ML, Gallop RJ, **Najavits LM**, Frank A, Crits-Christoph P, Thase ME, Blaine J, Gastfriend DR, Daley D, Luborsky L. The effect of twelve-step self-help group attendance and participation on drug use outcomes among cocaine-dependent patients. Drug and Alcohol Dependence, 2005; 77:177-84.
17. **Najavits LM,** Schmitz M, Gotthardt S, Weiss RD. Seeking Safety plus Exposure Therapy: An Outcome Study on Dual Diagnosis Men. Journal of Psychoactive Drugs, 2005; 37: 425-435 .
18. Morrissey, JP, Jackson, EW, Ellis, AR, Amaro, H, Brown, VB, **Najavits LM.** Twelve-month outcomes of trauma-informed interventions for women with co-occurring disorders. Psychiatric Services, 2005; 56: 1213-1222.
19. Kolodziej ME, Griffin ML, **Najavits LM**, Otto MW, Greenfield SF, Weiss RD: Anxiety disorders among patients with co-occurring bipolar and substance use disorders. Drug Alcohol Dependence 2005.
20. **Najavits LM**, Kanukollu, S. It can be learned, but can it be taught? Results from a state-wide training initiative on PTSD and substance abuse. Journal of Dual Diagnosis, 2005, 1: 41-51.
21. Harned MS, **Najavits LM**, Weiss, RD. Self-harm and suicidal behavior in women with comorbid PTSD and substance dependence. American Journal on Addictions, 2006; 15:392-395.
22. **Najavits LM**. Present- versus past-focused therapy for PTSD / substance abuse: A study of clinician preferences. Brief Treatment and Crisis Intervention 2006; 6:248-254
23. Weiss RD, Griffin ML, Kolodziej ME, Greenfield SF, Najavits LM, Daley DC, Doreau HR, Hennen JA: A randomized trial of integrated group therapy versus group drug counseling for patients with bipolar disorder and substance dependence. American Journal of Psychiatry 2007; 164:1-8.
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25. **Najavits LM,** Harned MS, Gallop RJ, Butler SF, Barber JP, Thase ME, Crits-Christoph P. Six-month treatment outcomes of cocaine-dependent patients with and without PTSD in a multisite national trial. Journal of Studies on Alcohol, 2007, 68, 353-361
26. Brown VB, **Najavits LM**, Cadiz S, Finkelstein N, Heckman JP, Rechberger E: Implementing an Evidence-Based Practice: Seeking Safety Group. Journal of Psychoactive Drugs, 2007, *39*, 231-240.
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